

LUNCH MENU

September-2019

Towne Creek

DAY	Mon	Tues	Wed	Thurs	Fri
	2 LABOR DAY	3 Chicken nuggets, macaroni cheese, Fresh Fruit, milk/juice/water V: Veggie nuggets	4 Beef Lasagna, Green Beans, fruit, milk/juice/water V: Cheese Lasagna	5 Chicken teriyaki over rice, mini egg rolls, fruit, milk/juice/water V: Veggie fried rice & Spring Roll no meat	6 Pizza, salad, fruit milk, juice or water V: Cheese pizza
	9 Cheeseburgers, Sweet potato Fries, fruit milk/juice/water V: Veggie burger	10 Baked chicken, mashed potatoes and gravy, fruit, milk/juice/water V: Chickenless Grilled Chicken	11 Pancakes, turkey sausage, Fresh fruit, milk/juice/water V: Pancakes	12 Spaghetti meat balls, broccoli mix, fruit, milk/juice/water V: Spaghetti marinara	13 Pizza, salad, fruit milk, juice or water V: Cheese pizza
	16 Beef Tacos, Mexican rice, fruit milk/juice/water V: Cheese quesadillas and vegetarian beef crumbs	17 Grilled chicken butter noodles, broccoli, orange slices, milk/juice/water V: Chickenless Chicken and Butter noodles	18 Fish Sticks, Peas and carrots, fruit milk/juice/water V: Fishless fish filets	19 Chicken nuggets, Mix Vegetables, Fresh Fruit, milk/juice/water V: Veggie nuggets	20 Pizza, salad, fruit milk, juice or water V: Cheese pizza
	23 Chicken Alfredo, Green Beans, fruit milk/juice/water V: Cheese linguini	24 Corn dogs, wedge fries, orange slices, milk/juice/water V: Corn Dogs	25 French Toast, Turkey Bacon, Fresh fruit milk/juice/water V: French Toast	26 Chicken quesadilla, Mexican rice, orange slices, milk/juice/water V: Bean and Cheese Quesadillas	27 Pizza, salad, fruit milk, juice or water V: Cheese pizza
	30 Spaghetti meat balls, Corn, fruit, milk/juice/water V: Spaghetti marinara				

V denotes Vegetarian option.